

DON'T WAIT TO VACCINATE

Nearly **100%** of new COVID-19 cases are in people who are not fully vaccinated.

**Call 1-888-675-4567 or
visit MySpot.nc.gov today.**

YOU HAVE A
SPOT.

TAKE YOUR
SHOT.



Unvaccinated people are vulnerable to the more contagious and dangerous Delta variant of COVID-19 that is spreading across North Carolina.

Places with low vaccination rates are seeing increased COVID-19 cases, hospitalizations and deaths. Younger people are making up most of the cases.

Even if you have a mild case of COVID-19, you may struggle with long-term effects like shortness of breath, chest pain, and brain fog.

All of these are preventable with vaccination.

Serious side effects from COVID-19 vaccines are extremely rare, temporary and treatable.

NC Department of Health and Human Services
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Most people just experience a sore arm, a headache and feeling tired and achy for a day or two.

Rigorous clinical trials with thousands of people aged 12 and over, and experience with COVID-19 vaccination among hundreds of millions of diverse Americans, have shown that they are safe and effective—even against the dangerous Delta variant.

Don't wait to protect yourself—get vaccinated. [MySpot.nc.gov](https://www.nc.gov/your-spot-your-shot)

